

Volunteer Delivery Person: Role Description

About Amma

Amma Birth Companions is a Glasgow charity that provides care, information, and advocacy to pregnant people and new parents with limited support. Our services are free and include birth and postnatal companionship, peer support, and education.

Our clients include those who are seeking asylum, refugees, survivors of human trafficking, and individuals from other marginalised groups.

We aim to create a nurturing space where individuals feel seen, informed, and empowered in all aspects of their birth and early parenting experiences.

Role

The volunteer delivery person will support the organisation by helping us to reduce the costs of cab fare and provide a safe and trustworthy support for clients receiving items into their home.

Ways that a volunteer delivery person may support us include:

- Picking up and dropping off baby items (e.g., pram, baby furniture, supplies)
- Carrying items into clients' home, potentially helping to set up item (e.g., cot)
- Supporting Amma to deliver gifts to clients during holiday period

Process and Time Commitment

This is an ad hoc role that can work with your own schedule. Ideally, we will have multiple volunteer delivery people in a group where we can post opportunities to support so that the need is shared.

Qualities and Skills

Essential:

- Must possess a current driver's license, car/van and insurance
- Must pass a PVG check (Amma will carry out)
- A caring, compassionate, non-judgmental, and calm disposition
- Ability to communicate well within a team
- Ability to manage confidentiality and boundaries
- Good spoken and written English
- Belief in Amma's values including a commitment to anti-racism and inclusivity
- Self-motivation, emotional resilience, a flexible approach, and the ability to effectively manage your own wellbeing
- Willingness to follow health and safety guidance including government guidance on Covid-19
- Ability to physically carry items (prams, furniture, car seats) upstairs and into people's homes



- Willingness to support people within a home setting and within other accommodation across the city
- Glasgow area resident

Desirable:

- Ability to speak other languages
- Knowledge of refugee/immigration issues
- Knowledge and/or experience of pregnancy and birth
- Experience of supporting people facing issues related to the asylum process, mental health and/or trauma
- Relevant lived experience of our client group

Training and Support

Approximately three hours of online training, ongoing staff support, access to supervision and volunteer events.

Expenses

When you are volunteering with us, Amma will cover the cost of petrol and parking in full. If support lasts for more than three hours, we will give you £5 towards lunch. Amma will provide you with a separate phone use when communicating with clients.